Cyst Aspiration Information

UNIVERSITY RADIOLOGY

What Is A Cyst?

A cyst is a fluid-filled sac inside the body. They can cause a little pain, but they are usually benign (noncancerous).

What Is A Cyst Aspiration?

In cyst aspiration, the radiologist uses a small needle to drain fluid from the cyst.

Before the Procedure

- Do not eat/drink anything 2 hours prior to the procedure
- It is important to tell us if you are taking any blood-thinning medications, such as Aspirin, Coumadin (Warfarin), Lovenox (Enoxaparin) or Plavix (Clopidogrel) or any over the counter vitamins such as fish oil, ginko, or Vitamin E.
- If you are allergic to Lidocaine, Betadine or Latex, please notify the staff ahead of time.
- If you are taking any pain medications, such as Motrin/Advil/Ibuprofen/Aleve, you may be asked to stop taking these medications one week before your procedure.

How Is Cyst Aspiration Performed?

The radiologist will numb your skin first. Then, he/she will insert a small needle into the cyst. He or she may use an ultrasound to get a better picture of the cyst. Using a syringe, the radiologist will try to drain fluid from the lump.

If the cyst contains bloody fluid, the radiologist will send the fluid to a lab to find out what it is. If the cyst is solid, your doctor may need to remove a sample of the cyst and send it to a lab to be examined.

What Are The Risks Of Cyst Aspiration?

You may have some discomfort where the needle goes in. You might have a little bruise to the area. There is a very small chance of infection to the area.

You will be given specific discharge instructions on the day of you procedure.