

Patient Exam Preparation Instructions:

Upper GI Series with Small Bowel Series

We look forward to seeing you for your appointment. Please follow these instructions:

- Arrive at least 15 minutes prior to your test.
- Nothing to eat or drink after midnight, prior to the exam.
- If you take any medication, please consult with your physician to see if these need to be taken on the morning of your exam. If you need to take medication, take it with as little water as possible at least 2 hours prior to your exam.
- We recommend you leave jewelry at home and wear comfortable clothing without metal, so you don't have to remove it for your exam.
- This test takes images of your esophagus, stomach, and duodenum. You will drink barium contrast. As you swallow the contrast, the radiologist will take x-rays. During the course of the exam, you will be turned in various positions to coat and visualize the areas of your upper gastrointestinal tract. A number of x-rays will be taken.
- For the small bowel series portion of the exam, x-rays will be taken of your abdomen every 15 to 30 minutes until the contrast reaches the end of your small bowel.
- This exam may take up to 2 to 3 hours depending on how quickly the contrast moves through your small bowel.

Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: UniversityRadiology.com

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

Questions?

Call **800-758-5545**