

## Patient Exam Preparation Instructions:

# Ultrasound Nuchal Translucency



### Before Your Exam

- Arrive at least 15 minutes prior to your scheduled appointment.
- You may eat and drink before your exam.  
Take your scheduled medications.
- You will be asked to drink 8 ounces of water thirty minutes before the exam and do not void.
- If your doctor gave you any forms from the laboratory, please bring them to appointment, the technologist may have to add information to form.

### Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at the following hospitals:

Jersey City Medical Center  
Jersey Shore University Medical Center  
Raritan Bay Medical Center  
Robert Wood Johnson University Hospitals in:  
New Brunswick, Somerset, Rahway, Hamilton  
Saint Michael's Medical Center  
Saint Peter's University Hospital  
Trinitas Regional Medical Center

### Bring your prescription, insurance card, and photo ID

They are required for this procedure.

### Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

### Questions?

Call **800-758-5545**