

Pediatric Barium Enema

We look forward to seeing you for your appointment.

- All laxatives/enemas should be discontinued for 3 days prior to the scheduled exam if your child is being evaluated for constipation, Hirschsprung's disease, surgical follow-up, ulcerative colitis or an acute abdominal condition. No other prep is required in these cases.
- If your child is having a Barium Enema to check for a mass, polyp or has rectal bleeding, please follow the prep listed below. Dulcolax suppositories and Magnesium Citrate are available at your pharmacy. If you have any questions regarding what preparation to follow, please call the office where the study will be performed.

Please follow these instructions:

- Please arrive at least 15 minutes prior to your exam.
- **0-2 years old**
No solid food on the day of the exam. No liquids for 3 hours prior to the exam.
- **3-6 years old**
Evening before the exam:
Your child should eat a light, low residue supper only such as: noodles, rice, ripe banana, saltines, melba toast, white toast, clear broth, strained fruit juice, tender beef or lamb, fish and/or eggs. Your child should not eat or drink any milk or milk products. Insert 1/2 Dulcolax suppository the evening before the exam.

On the day of the exam:
Nothing by mouth for 4 hours prior to the exam. Insert 1/2 Dulcolax suppository 3 hours prior to the exam.
- **7-12 years old**
Day before the exam:
Your child should drink only clear liquids for 24 hours before the exam. Encourage drinking large amounts of non-dairy liquids during the time period when your child can drink, but not milk or milk products. Have your child drink 5 ounces of Magnesium Citrate at 6 PM the evening before the exam.

On the day of the exam:
Nothing by mouth for 6 hours prior to the exam. Insert 1/2 Dulcolax suppository early in the morning.

Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: UniversityRadiology.com

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

Questions?

Call **800-758-5545**

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- **13+ years old**

Your child should follow the preparation instructions for adults. If you need further information, please call us at the office where the exam will be performed.

Two days before your exam, follow a low residue diet:

- No vegetables, fruit, high-fiber bread or cereal.
- You may eat eggs, white bread, lean meat, dairy products, or pasta with plain sauces.

Day before the exam:

- For lunch and dinner, only eat/drink clear liquids before the exam like Jello gelatin, soda, clear broth, powdered juices or plain ice pops.
- Between 4 pm and 12 midnight, drink 6 to 8 eight ounce glasses of water. Very Important!
- At 4 pm, take 3 Dulcolax tablets.
- At 6 pm, drink 10 ounces of Magnesium Citrate.

Day of the exam:

- Insert 1 Dulcolax suppository into rectum upon rising in the morning.
- You may eat a breakfast of clear fruit juice, tea or coffee. No milk or milk products!
- You may take your morning medications, if you normally do so.
- We recommend you leave jewelry at home and wear comfortable clothing without metal, so you don't have to remove it for your exam.