

# Mammogram

- Arrive at least 15 minutes prior to your scheduled appointment.
- Do not apply powders, creams or deodorants on the day of your examination.
- Eat, drink and take prescribed medications (unless additional testing to be performed on this day instructs otherwise).
- You will be instructed to undress from the waist up, so please choose appropriate clothing that will help facilitate this.
- Mammography appointments differ based on the indication for the study. If you are having a routine mammogram, then schedule a SCREENING study. If you are having a problem or need a follow up from a prior study, then a DIAGNOSTIC MAMMOGRAM (with possible ultrasound) is needed. If you are uncertain which study is needed, please discuss this with the ordering clinician or contact our scheduling department.
- Patients who are recently post-partum and/or currently breastfeeding are required to breastfeed/pump prior to arriving for their appointment.

## Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: **UniversityRadiology.com**

## Bring your prescription, insurance card, and photo ID

They are required for this procedure.

## Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

## Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

## Questions?

Call **800-758-5545**