Patient Exam Preparation Instructions:

MRI Head & Neck



We look forward to seeing you for your appointment. Please follow these instructions:

- Arrive at least 15 minutes prior to your test.
- Avoid wearing eye makeup to this test. No makeup or cosmetics on the day of the exam is best because they may contain small amounts of metal.
- Wear comfortable clothing such as sweatpants/shirts and for females, sports bras without metal. Avoid clothing that contains metal.
- Please refrain from wearing any type of leggings or similar pants ("yoga pants") to your MRI exam. Please also refrain from wearing any pants, tops, or undergarments labeled "antibacterial" or "antimicrobial." Some of these types of clothing contain metallic microfibers that can cause burns when exposed to the energy from the MRI machine. If you are unable to avoid wearing these items on the day of your exam, you will be provided a gown to change into immediately prior to the scan.
- Jewelry and other metallic accessories should be left at home if possible.
- When you arrive, you will need to complete a medical history form and MRI screening form. You will also be interviewed by a member of the MRI staff based on your screening form answers.
- You cannot bring metal into the MRI room because it can interfere with the MRI machine.
- Some metal implants and medical/electronic devices on or in your body may interfere with the MRI or potentially pose a risk to you if in the MRI room. You will need to tell the MRI staff prior to the exam.
 Examples include pacemakers, aneurysm clips, implanted drug infusion ports, implanted nerve stimulators, and vascular stents or coils. If you have an ID card or pamphlet for the implant or medical/electronic device, bring it with you to your appointment. The MRI staff will use this information to determine the safest MRI scanning parameters.

Please bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at the following hospitals:

Jersey City Medical Center Jersey Shore University Medical Center Raritan Bay Medical Center Robert Wood Johnson University Hospitals in: New Brunswick, Somerset, Rahway, Hamilton Saint Michael's Medical Center Saint Peter's University Hospital Trinitas Regional Medical Center

Please bring your prescription, insurance card, and photo ID

They are required for this procedure.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Please call your insurance provider if you have questions about your plan or coverage.

PreAuthorization

This exam may require prior authorization from your insurance provider before we can perform the study. Please speak with your referring physician's office and/or insurance company at your earliest convenience to understand your coverage and reduce possible delays.

Questions?

Please call us at **800-758-5545** and we will be happy to help.