

Barium Enema (BE)

We look forward to seeing you for your appointment.

Two days before your exam, follow a low residue diet:

- No vegetables, fruit, high-fiber bread or cereal.
- You may eat eggs, white bread, lean meat, dairy products, or pasta with plain sauces.

Day before the exam:

- For lunch and dinner, only eat/drink clear liquids before the exam like Jello gelatin, soda, clear broth, powdered juices or plain ice pops.
- Between 4 pm and 12 midnight, drink 6 to 8 eight ounce glasses of water. Very Important!
- At 4 pm, take 3 Dulcolax tablets.
- At 6 pm, drink 10 ounces of Magnesium Citrate.

Day of the exam:

- Please arrive at least 15 minutes prior to your exam.
- Insert 1 Dulcolax suppository into rectum upon rising in the morning.
- You may eat a breakfast of clear fruit juice, tea or coffee. No milk or milk products!
- You may take your morning medications, if you normally do so.
- We recommend you leave jewelry at home and wear comfortable clothing without metal, so you don't have to remove it for your exam.

Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: UniversityRadiology.com

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

Questions?

Call **800-758-5545**