

Arthrogram

We look forward to seeing you for your appointment.
Please follow these instructions:

- Arrive at least 15 minutes prior to your test.
- Wear comfortable clothing such as sweatpants/shirts and for females, sports bras without metal. Avoid clothing that contains metal.
- Jewelry and other metallic accessories should be left at home if possible.
- You will be escorted to an x-ray suite where an arthrogram injection will be performed. This involves putting a liquid contrast agent, or “dye,” inside your joint. Depending on the joint that will be injected, you may be given a gown to change into so that the area of interest can be easily and adequately exposed.
- A technologist will position you on an x-ray table, and the radiologist will give you anesthetic medicine under the skin to provide numbing. The radiologist will then place a needle into your joint and take one or more x-ray pictures to confirm that the dye is appropriately spreading inside the joint.
- Once the joint has been adequately filled with the dye, several x-rays of the area will be taken.
- Overall, this procedure usually takes 15-20 minutes. The dye that was put into your joint will naturally be reabsorbed by your body; it does not need to be removed after the arthrogram.

Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: UniversityRadiology.com

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the ‘FreeStyle Libre’ must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

Questions?

Call **800-758-5545**