



# MRI with Anesthesia for Adult Patients

*If you would like to have your MRI exam while under anesthesia, we can give you sedation medication intravenously while you are in our office. Before you are scanned, the Board Certified Anesthesiologist will administer the medication. You will be asleep during the exam. Both the Anesthesiologist and a Registered Nurse will monitor you before, during, and after the MRI study.*

## **What Medications are used?**

Propofol will be given through an I.V. to induce sleep. This medication has a short duration of action and a rapid recovery time and is administered to make sure you remain asleep during the entire MRI study.

## **How will I feel after the MRI scan?**

Most patients are awake, alert, and ready for discharge within 30 - 45 minutes after the MRI scan is completed. There are usually no lasting effects from the medication after awakening. Some patients may continue to feel drowsy throughout the day, and some may wake up feeling irritable. These side effects should last only a short time.

## **How do I prepare?**

You should:

- Make arrangements to have someone drive you home after the MRI because you will be receiving medication.
- Have nothing to eat or drink for at least eight (8) hours before the scheduled MRI appointment time.
- Dress in comfortable clothing that has no metal detailing (no metal snaps, zippers, jewelry, etc.). Wearing sweatshirts and sweatpants is suggested.
- Arrive one (1) hour prior to the exam time.

If you are ill within one (1) week prior to the scheduled MRI procedure, please call us as soon as possible to let us know. You should be free of congestion, cough or fever for the scan. If your appointment is in our New Brunswick office, call 732-249-4410 x4561. If the appointment is scheduled in our East Brunswick office, please call 732-390-0030 x4262.

*(continued on back)*

## **What information do I need to send you before the MRI appointment?**

After scheduling an appointment for your MRI, you will need to provide us with some very specific medical history information and documentation so that our clinical staff can evaluate medical eligibility for this procedure. Below is a list of information we will need from you right away to ensure that your MRI scan is performed as scheduled.

- Fax a prescription from your physician which orders the MRI with I.V. Sedation. The script should be dated within 30 days of your scheduled MRI appointment and faxed to us at 732-238-6238, if you are scheduled in our East Brunswick office. If your appointment is in New Brunswick, please fax the script to 732-246-2696.
- If you are over 50 years old, we will need the results of an EKG done within 30 days of your scheduled MRI appointment.

After reviewing your faxed information, University Radiology clinical staff will call you to confirm your medical clearance for this procedure. At that time, we will let you know if you need a physical exam performed by your physician or any additional testing.

If you have diabetes, heart disease, seizures, high blood pressure, or kidney issues, specific blood work may have to be performed before the MRI appointment. You will need to fax the results of these tests so that we receive them at least five (5) days before your appointment date. This allows us the time necessary to properly review your results and order additional testing if necessary.

**Again, please fax all information to 732-238-6238, if you are scheduled in our East Brunswick office. If your appointment is scheduled in our New Brunswick office, please fax to 732-246-2696.**

**Please recognize that it is your responsibility to schedule a physical, if appropriate, and get all of the necessary testing and paperwork completed by your physician and faxed to us within five (5) working days prior to the scheduled appointment.**

Please note that the Anesthesia physician who is administering the sedation will be sending you a bill for their services. The actual procedure/exam is covered by your insurance; however, sedation is not considered part of that procedure/exam and therefore may not be covered by your insurance. You will be receiving a separate bill from University Radiology for professional services which include nursing services, medication and monitoring equipment. If you have any questions please contact our office.

If you have additional questions about the MRI study or any of the information needed above, please feel free to contact us. If your appointment is in our **New Brunswick office, call 732-249-4410 x4561**. If the appointment is scheduled in our **East Brunswick office, please call 732-390-0030 x4262**.

