

**DEXA (DUAL-ENERGY X-RAY ABSORPTIOMETRY) QUESTIONNAIRE**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Sex:  Female  Male Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Please select the ethnicity that **BEST** describes you:

African-American  Asian  Caucasian  Hispanic

Prior **lower** spine or hip surgery?  Spine  Hip  None  
 Cement (Vertebroplasty/Kyphoplasty) in lower spine?  Yes  No / Unsure  
 Do you have **HYPERPARATHYROIDISM**?  Yes  No / Unsure  
 Are you left-handed or right-handed?  Left  Right

If you are a **male** with prostate cancer, are you taking medications to **lower** male hormones (e.g. Lupron, Zoladex, Trelstar, Viadur, Vantas, Eligard, Synarel)?  Yes  No or N/A

If you are a **female**, are you (select one):

Pre-menopausal (I usually have regular menstrual periods)  
 Peri-menopausal (Irregular periods, but I have had at least 1 period in the past 12 months)  
 Post-menopausal (I have NOT had a menstrual period for more than 12 months) **or** Hysterectomy

What is the approximate age of menopause/hysterectomy? \_\_\_\_\_

Is there any possibility that you are pregnant?  Yes  No or N/A

If pregnancy is possible, when was the last day of your menstrual cycle? \_\_\_\_\_

**Are you currently taking any of the following supplements** (Select all that apply):

Calcium (e.g. Tums, **Citracal**, **Caltrate**, **Os-Cal**)  Yes  No / Unsure  
 Vitamin D (e.g. Calciferol, **Caltrate**, **Citracal**, **Os-Cal**, Calcium+D)  Yes  No / Unsure

**Are you currently, or have you ever taken the following medications?** Year Began/Ended

Alendronate ( <b>Fosamax</b> /Fosamax+D)	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No / Unsure
Risedronate ( <b>Actonel</b> /Atelvia)	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No / Unsure
Ibandronate ( <b>Boniva</b> )	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No / Unsure
Raloxifene ( <b>Evista</b> )	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No / Unsure
Denosumab ( <b>Prolia</b> )	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No / Unsure
Teriparatide ( <b>Forteo</b> )	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No / Unsure
Zoledronic Acid ( <b>Reclast</b> /Aclasta/Zometa)	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No / Unsure
Abaloparatide ( <b>Tymlos</b> )	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No / Unsure
Estrogen/Hormone Replacement Therapy (e.g. <b>Duavee</b> )	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No / Unsure
Other Osteoporosis Medication Treatment:	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No / Unsure
<input type="checkbox"/>	_____		

**FRAX Questionnaire**

Do you drink 3 or more units of alcohol daily?  Yes  No / Unsure

Hip fracture in your father or mother?  Yes  No / Unsure

Currently or EVER taken ORAL/IV steroids (e.g. prednisone/cortisol) for more than 3 months? (equivalent dose of prednisone 5mg or more daily) (topical/inhaled steroids are **not** applicable)  Yes  No / Unsure  
Med/Dose: \_\_\_\_\_

Have you suffered a **wrist/hip/spine** fracture in your **ADULT** life which occurred **spontaneously** or arising from **low-impact trauma or fall from normal standing height**?  Yes  No / Unsure

Do you have any reason for secondary osteoporosis? (e.g. hyperparathyroidism, **type I** diabetes, cystic fibrosis, osteogenesis imperfecta, untreated long-standing hyperthyroidism, hypogonadism or premature menopause (<45 years), chronic malnutrition/malabsorption, chronic liver/kidney disease, multiple myeloma)  Yes  No / Unsure

Have you been diagnosed with **RHEUMATOID** Arthritis?  Yes  No / Unsure

Do you currently smoke?  Yes  No

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Tech/Nurse Signature

\_\_\_\_\_  
Date

**OFFICE USE ONLY:**

Pregnancy Test Result:  Positive  Negative  N/A

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